# Nephrolithiasis and systemic Disease

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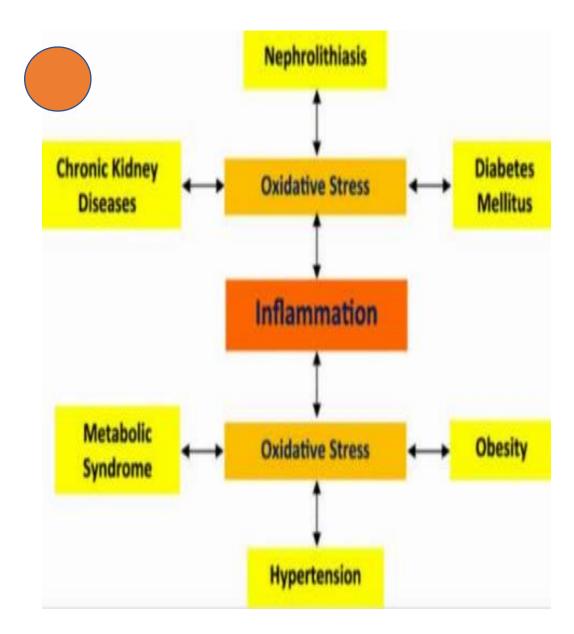
# Nephrolithiasis and systemic Disease

- Diabet
- heart disease
- > Hypertension
- > Microbiome
- kidney function
- > OSTEOPOROSIS
- > Obesity
- Cancer
- kidney transplantation



#### Systemic conditions associated with nephrolithiasis

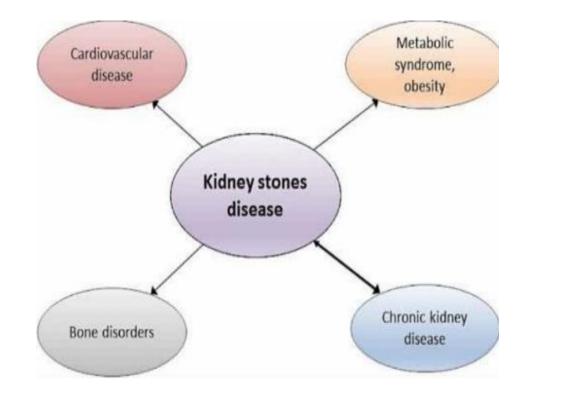
Coronary artery disease Chronic kidney disease and end-stage kidney disease Bone disorders and fractures Aortic calcification Hypertension Type 2 diabetes mellitus Gout Metabolic syndrome Sarcoidosis Renal tubular acidosis Bowel disease and intestinal surgery Renal and bladder anatomic anomalies Medications Genetic abnormalities



#### Journal of Nephrology (2022)







□Uric acid stones is more prevalent in patients with T2DM than in nondiabetic stone formers and more in obese than in nonobese stone formers.

□ Higher **BMI and T2DM** are shown to be **independent** risk factors for uric acid nephrolithiasis.



## **Diabetic Severity and Risk of Kidney Stone Disease**

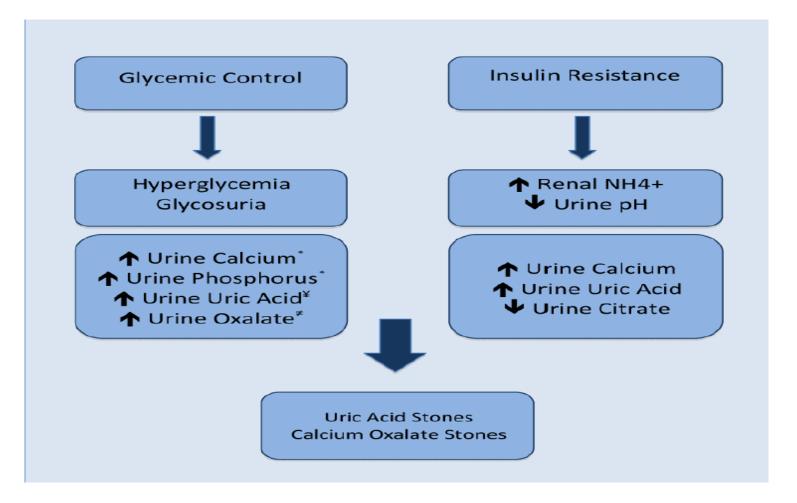
□Patients with type 2 diabetes are at 1.3–1.7 times the risk of nephrolithiasis compared with the general population . This association is highlighted for **uric acid stones** in that UA stones are prevalent as 35.7% of all stones in type 2 diabetes, whereas only 11.3% of those in nondiabetic patients.

The link between **UA stones and type 2 diabetes** is thought to be driven by excess undissolved urinary UAs in relation to insulin resistance and unduly acidic urine.

Insulin resistance is also associated with prolithogenic urinary profiles for calcium stones such as hypocitraturia, hyperoxaluria, and/or hypercalciuria.

Diabetes mellitus and the risk of nephrolithiasis. Kidney international. 2005;

## **Diabetic Severity and Risk of Kidney Stone Disease**



Diabetes mellitus and the risk of nephrolithiasis. Kidney international. 2005; 7

## **Diabetic Severity and Risk of Kidney Stone Disease**

4.0 3.6

3.2 Normal(<5.

**Ratio (ref. I** 1.6

0.0

4.0

3.6 -

Ratio (ref:

odds 0.8 0.4

normal(<5.7) prediabetes(5.7-6.4) diabetes(>6.5) HbA1c(%)

Tertile 1 Tertile 2 Tertile 3 Tertile of HOMA-IR (FPI\*FBG/405)

Odds 0.4



Author Manuscript

Published in final edited form as: Eur Urol. 2014 January ; 65(1): . doi:10.1016/j.eururo.2013.03.026.

#### **Diabetic Severity and Risk of Kidney Stone Disease**

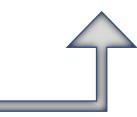
Aviva E. Weinberg, MD<sup>a</sup>, Chirag J. Patel, PhD<sup>b</sup>, Glenn M. Chertow, MD, MPH<sup>c</sup>, and John T. Leppert, MD, MS<sup>a</sup>

<sup>a</sup>Department of Urology, Stanford University School of Medicine, Stanford, California, USA

<sup>b</sup>Stanford Center for Prevention Research, Department of Medicine, Stanford University School o Medicine, Stanford, California, USA

✤ glycemic control is also associated with the pathogenesis of stone disease.

**HbA1c** bore the strongest association with the odds of kidney stone disease.





nal(<100) prediabetes(100-126) diabetes(>126) Fasting Plasma Glucose (mg/dL)

Tertile 1 Tertile 2 Tertile 3 Fasting Plasma Insulin (uU/mL)

Odds ratios of kidney stone disease by biochemical measures of T2DM severity

univariable

model a model b

model univariable

model a

model b

*Eur Urol.* 2014 January ;

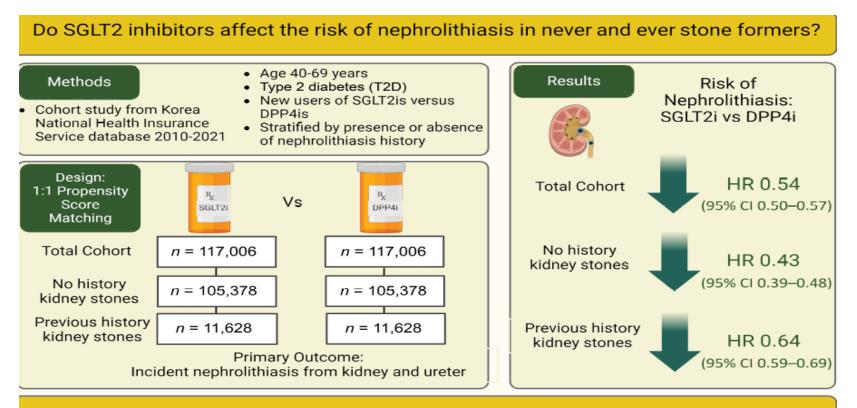
# **Nephrolithiasis With SGLT2 Inhibitors**



Risk of Nephrolithiasis Associated With SGLT2 Inhibitors Versus DPP4 Inhibitors Among Patients With Type 2 Diabetes: A Target Trial Emulation Study

Anna Shin, Ju-Young Shin, and Eun Ha Kang

Diabetes Care 2025;48(2):193-201 | https://doi.org/10.2337/dc24-1652



SGLT2 inhibitors reduced the risk of kidney and ureter stone formation in people with T2D, with and without a history of prior kidney stones

## **Nephrolithiasis With SGLT2 Inhibitors**

results are in line with a recent meta-analysis pooled from 27 RCT on SGLT2is that
 showed :.

A **36%** reduced of nephrolithiasis compared with placebo and also with a **26%** risk reduction compared with DPP4i



Nephrolithiasis With SGLT2 and DPP4 Inhibitors, Diabetes Care 2025;48:193–201

# Pioglitazone and nephrolithiasis

pioglitazone not only improved the metabolic syndrome, reduce the incidence of nephrolithiasis in patients with type 2 diabetes.

Group	Cases, n (%)	Per 1000 person-year	Crude HR (95% CI)	P value	Adjusted HR (95% CI)	P value
Nonpiogliazone users	1167 (6.65)	15.36	Ref.		Ref.	
Piogliazone users	289 (4.94)	11.36	0.74 (0.65-0.84)	< 0.001	0.74 (0.65-0.84)	< 0.001
Cumulative DDD						
<78	133 (6.87)	17.39	1.13 (0.94-1.35)	0.196	1.14 (0.95-1.37)	0.149
78-241	94 (4.74)	10.94	0.71 (0.58-0.88)	0.002	0.72 (0.58-0.88)	0.002
≥242	62 (3.21)	6.73	0.44 (0.34-0.57)	< 0.001	0.43 (0.33-0.56)	< 0.001

Table 1 | Risk of new-onset nephrolithiasis in the pioglitazone and nonpioglitazone users with type 2 diabetes

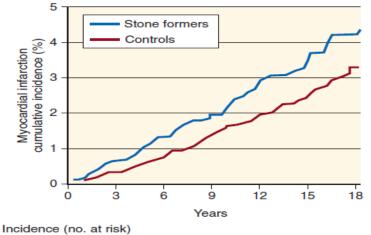
Cl, confidence interval; DDD, defined daily dose (see Niu et al.2); HR, hazard ratio; Ref, reference.

#### NEPHROLITHIASIS, CARDIOVASCULAR DISEASE, AND HYPERTENSION

 the prevalence of nephrolithiasis increasing from 1% in those with the lowest blood pressure compared with 13% in those with the highest blood pressure.

□ In a Canadian study of 25,000 subjects compared with people without kidney stones, kidney stone had a higher risk of subsequent myocardial infarction and stroke.

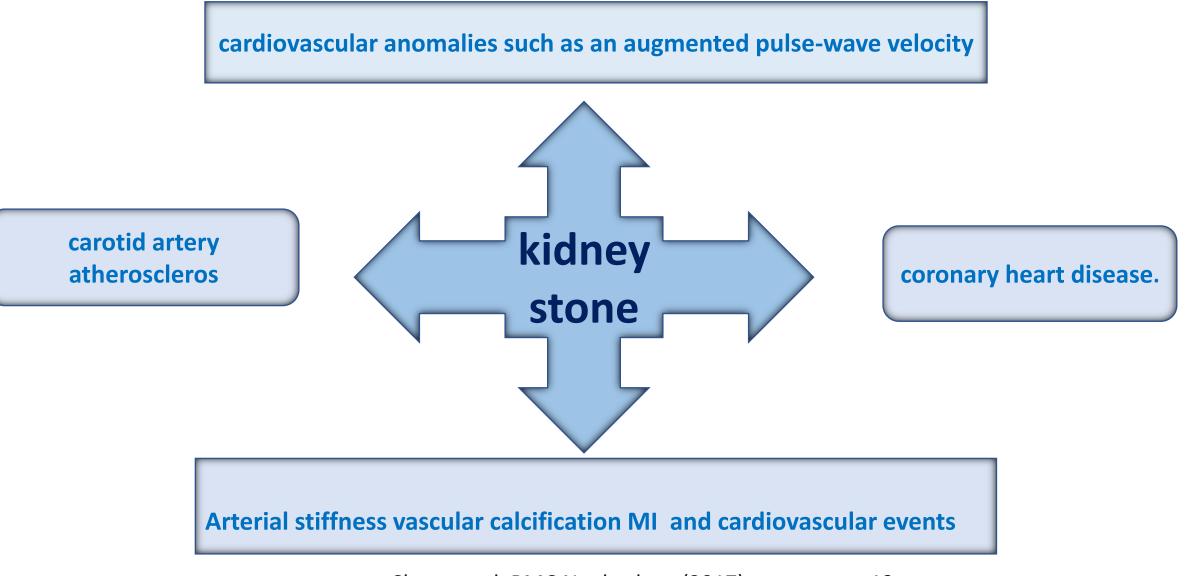




Control	0 (10,860)	0.8 (6,689)	2 (3,184)	4.2 (1,010)
Stone formers	0 (4,564)	1.3 (2,686)	3 (1,276)	5.2 (404)

**Fig. 38.27** Increased risk for myocardial infarction in stone formers. Data collected from Olmsted County, Minnesota, residents. (Modified from Rule AD, Roger VL, Melton LJ 3rd, et al. Kidney stones associate with increased risk for myocardial infarction. *J Am Soc Nephrol.* 2010; 21[10]:1641–1644.)

## kidney stone and heart disease



Shang et al. BMC Nephrology (2017) 13

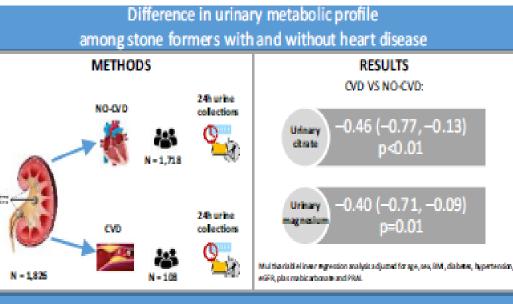
# NEPHROLITHIASIS, CARDIOVASCULAR DISEASE

ORIGINAL ARTICLE

Urinary metabolic profile and stone composition in kidney stone formers with and without heart disease

Matteo Bargagli<sup>1</sup> · Shabbir Moochhala<sup>2</sup> · William G. Robertson<sup>2,3</sup> · Giovanni Gambaro<sup>4</sup> · Gianmarco Lombardi<sup>4</sup> · Robert J. Unwin<sup>2</sup> · Pietro Manuel Ferraro<sup>1,5</sup>

Check for updates



CONCLUSIONS: 3 one formers with CVD have lower renatation assession, suggesting higher acid retention in store formers with cardiovascular comorbid ties

That stone-formers affected by heart disease have a multifactorial 24-h urine pattern characterized by lower urinary excretions of both citrate and magnesium, this might indicate a shared underlying pathogenesis.

Journal of Nephrology (2022) 35:851–857

# **Does Kidney Stone** Cause **High Blood** Pressure ?



#### BMC Nephrology

#### **RESEARCH ARTICLE**

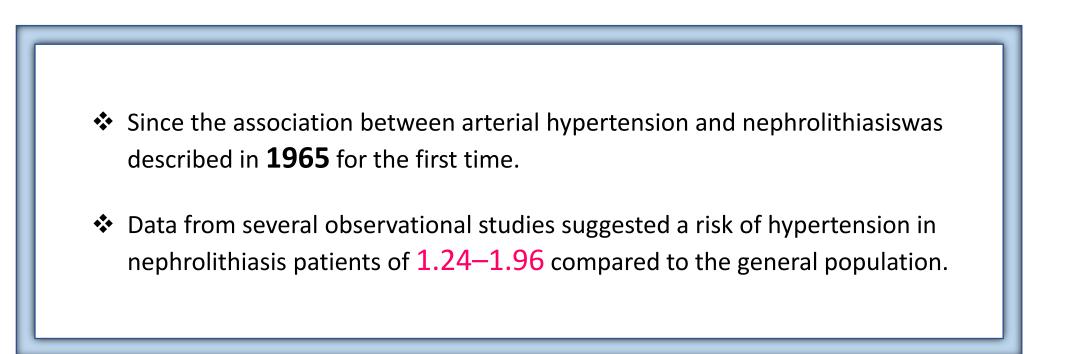
Nephrolithiasis and risk of hypertension: a

meta-analysis of observational studies

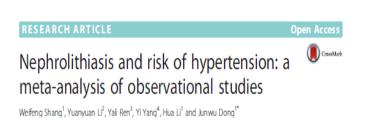
Weifeng Shang<sup>1</sup>, Yuanyuan Li<sup>2</sup>, Yali Ren<sup>3</sup>, Yi Yang<sup>4</sup>, Hua Li<sup>1</sup> and Junwu Dong<sup>1\*</sup>



# Nephrolithiasis and risk of hypertension



# Nephrolithiasis and risk of hypertension



BMC Nephrology

Shang et al. BMC Nephrology (2017) 18:344

□ several potential reasons which may explain the observed associations:

First: calcium metabolism

Second: metabolic syndrome and insulin resistance

Third :CKD

Finally, inflammation and oxidative stress [

ORIGINAL ARTICLE



#### Low Potassium Intake: A Common Risk Factor for Nephrolithiasis in Patients with High Blood Pressure

Veronica Abate<sup>1</sup> • Anita Vergatti<sup>1</sup> • Antonella Fiore<sup>1</sup> • Angelo Forte<sup>1</sup> • Alessia Attanasio<sup>1</sup> • Nadia Altavilla<sup>1</sup> • Gianpaolo De Filippo<sup>2</sup> • Domenico Rendina<sup>1</sup> • Lanfranco D'Ella<sup>1</sup>

Received: 21 March 2023 / Accepted: 29 May 2023 / Published online: 17 June 2023 © The Author(s) 2023

#### □ The potassium 24-h urinary levels in SF-Hs were significantly lowe compared to nSF-Hs.

in conclusion, a higher potassium urinary excretion in 24-h is a protective factor against NL in patients affected by Htn and dietary interventions can be considered for kidney protection.

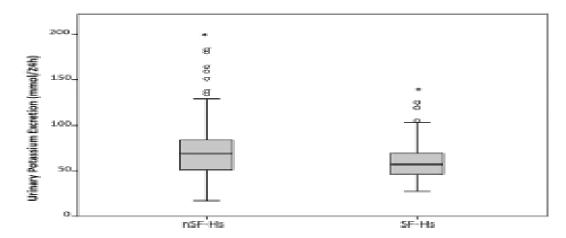


Fig. 1 Urinary Potassium Excretion in patients affected by Hypertension and Nephrolithiasis (SF-Hs) and in patients affected by Hypertension but not by Nephrolithiasis (nSF-Hs). Black line in the boxes represents the median value for each group. Grey squares indicate the standard deviation. \*p < 0.001

#### The role of the microbiome in kidney stone formation



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Review

The role of the microbiome in kidney stone formation

Mansi Mehta<sup>a</sup>, David S. Goldfarb<sup>a, b</sup>, Lama Nazzal<sup>a,\*</sup> <sup>a</sup> Nephrology Division, NU School of Medicine, New York, NY, USA <sup>b</sup> New York Harbor VA Healthcare System, New York, NY, USA

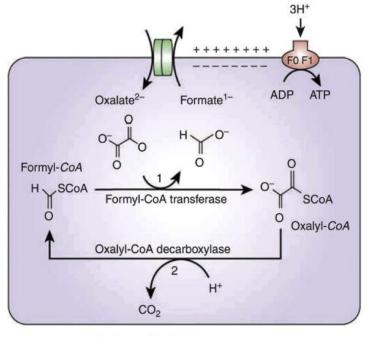


Fig. 1. Metabolism of oxalate by Oxf [6]. Reproduced with permission.

**Oxalobacter formigenes (Oxf),** in **1985** has attracted considerable attention regarding its involvement in **calcium oxalate stone disease**.

□ It is unique in that it requires oxalate both as a carbon source and for ATP generation and could degrade ingested oxalate and reduce intestinal absorption, and stimulate oxalate secretion from the colon, offering protection from hyperoxaluria..

□ Clinical findings have suggested that there is a direct correlation between the organism's absence and hyperoxaluria and oxalate stone formation.

#### The role of the microbiome in kidney stone formation



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Review

The role of the microbiome in kidney stone formation

Mansi Mehta <sup>a</sup>, David S. Goldfarb <sup>a, b</sup>, Lama Nazzal <sup>a, \*</sup>

<sup>a</sup> Nephrology Division, NYU School of Medicine, New York, NY, USA <sup>b</sup> New York Harbor VA Healthcare System, New York, NY, USA



A case control study found a strong invers association between colonization with Oxf and recurrent calcium oxalate stones with a 70% risk reduction.

#### Reported Oxf colonization rates in various adult populations

Country	Population	Number of subjects	% colonization
India	Normal	48	56
	Inflammatory Bowel Disease	48	10
USA	Normal	26	62
	Inflammatory Bowel Disease	16	9
USA	 Normal	259	38
	Recurrent CaOx Stone formers	247	17
Germany	Normal	61	69
	CaOx Stone formers	145	43
Korea	Normal	233	77
	CaOx Stone formers	103	46

#### Antibiotic effect on O. formigenes in humans

Antibiotic use could be responsible for the decrease in the prevalence of Oxf in adults . Oxf strains are susceptible to multiple antibiotics including quinolones, macrolides, tetracyclines and metronidazole.

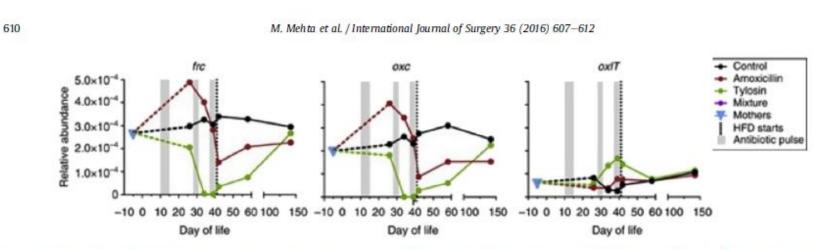


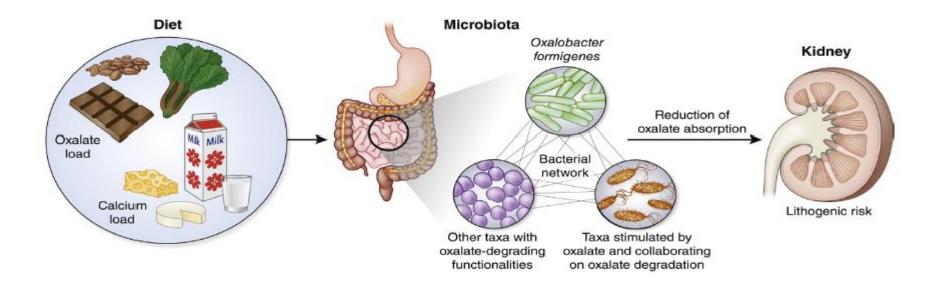
Fig. 2. Changes in the relative abundance of gene expression of oxc, frc, and oxIT during development with pulsed antibiotic treatment [24] (HFD: high fat diet reproduced with permission.

. Mehta et al. / International Journal of Surgery 36 (2016) 21

#### The role of the microbiome in kidney stone formation

These oral probiotic preparations include Oxf alone, or different combinations of Lactobacillus, Bifidobacterium, and other oxalate degraders.

□Attempts to introduce oxalate-degrading microbes though oral probiotic formulations into the human gut have resulted in a decrease in urinary oxalate excretion



Kidney International (2019) 96, 25–27

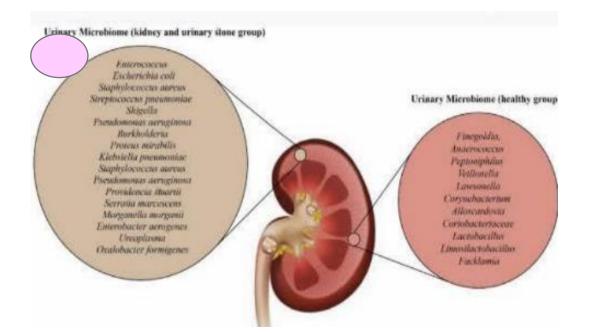
#### Gut microbiome and kidney stone disease: not just an *Oxalobacter* story



Andrea Ticinesi<sup>1,2</sup>, Antonio Nouvenne<sup>1,2</sup> and Tiziana Meschi<sup>1,2,3</sup>

□ In fact, Oxalobacter may be flanked by a **large number of other bacteria**, with an overall higher representation in the microbiome and exhibiting a certain degree of oxalate-degrading capacity.

Moreover, the average relative abundance of some specific taxa including Sutterella, Veillonella, and Peptococcus, was significantly correlated with urinary oxalate excretion.



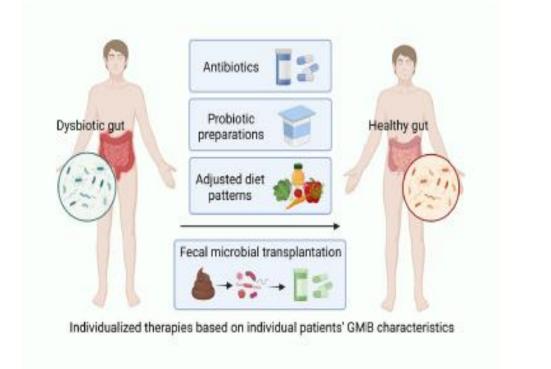
Gut dysbiosis with selective depletion of these microbial populations, may thus promote oxalate absorption, hyperoxaluria, and kidney stone formation

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#### RESEARCH

# Gut microbiota in patients with kidney stones: a systematic review and meta-analysis

Tianhui Yuan<sup>1†</sup>, Yuqi Xia<sup>1†</sup>, Bojun Li<sup>1†</sup>, Weimin Yu<sup>1</sup>, Ting Rao<sup>1</sup>, Zehua Ye<sup>1</sup>, Xinzhou Yan<sup>1</sup>, Baofeng Song<sup>1</sup>, Lei Li<sup>1</sup>, Fangyou Lin<sup>1\*</sup> and Fan Cheng<sup>1\*</sup>



The role of the microbiome in kidney stone formation

Fig. 5 Various methods for restoration of gut microbial dysbiosis to prevent occurrence and recurrence of kidney stones

- There is a characteristic gut microbiota dysbiosis in kidney stone patients.
- Individualized therapies like:
- Microbial supplementation
- > probiotic
- > adjusted diet patterns

#### **KIDNEY STONE DISEASE AND CHRONIC KIDNEY DISEASE**



□ Kidney stone disease and CKD can potentially be causally related because of recurrent obstruction and infection, repeated shock wave therapy.

A study has shown that symptomatic kidney stone with followed over 9 years were at increased risk of developing ESKD.

□ The association between kidney stones and risk of ESKD was found to be increased in those with urologic abnormalities, hydronephrosis, recurrent uti, single kidney, neurologic bladder.

## Nephrolithiasis and loss of kidney function



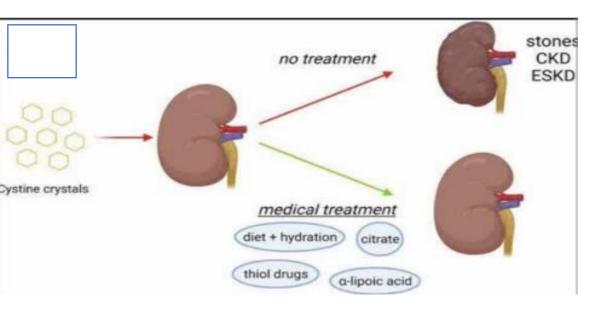
Published in final edited form as: Curr Opin Nephrol Hypertens, 2013 July ; 22(4): 390–396. doi:10.1097/MNH.0b013e32836214b9.

#### Nephrolithiasis and loss of kidney function

Mira T. Keddis and Andrew D. Rule

Department of Medicine, Division of Nephrology and Hypertension, Mayo Clinic, Rochester, Minnesota, USA

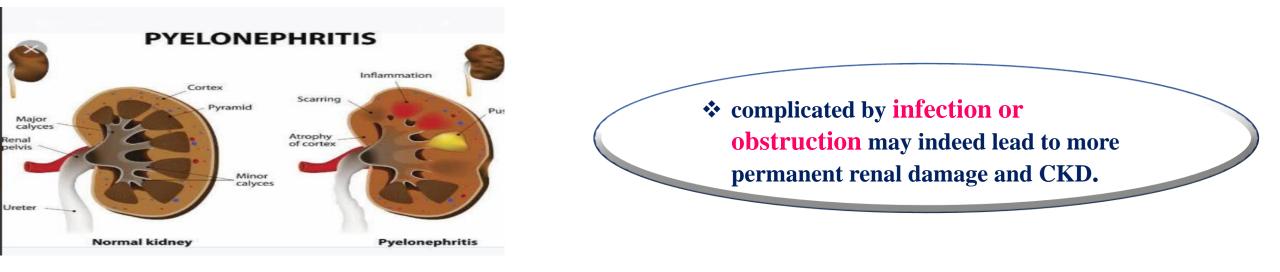
Across several studies, patients with nephrolithiasis had about a two-fold higher risk for decreased renal function or need for renal replacement therapy.



#### **MECHANISMS OF NEPHROLITHIASIS-ASSOCIATED KIDNEY DAMAGE**

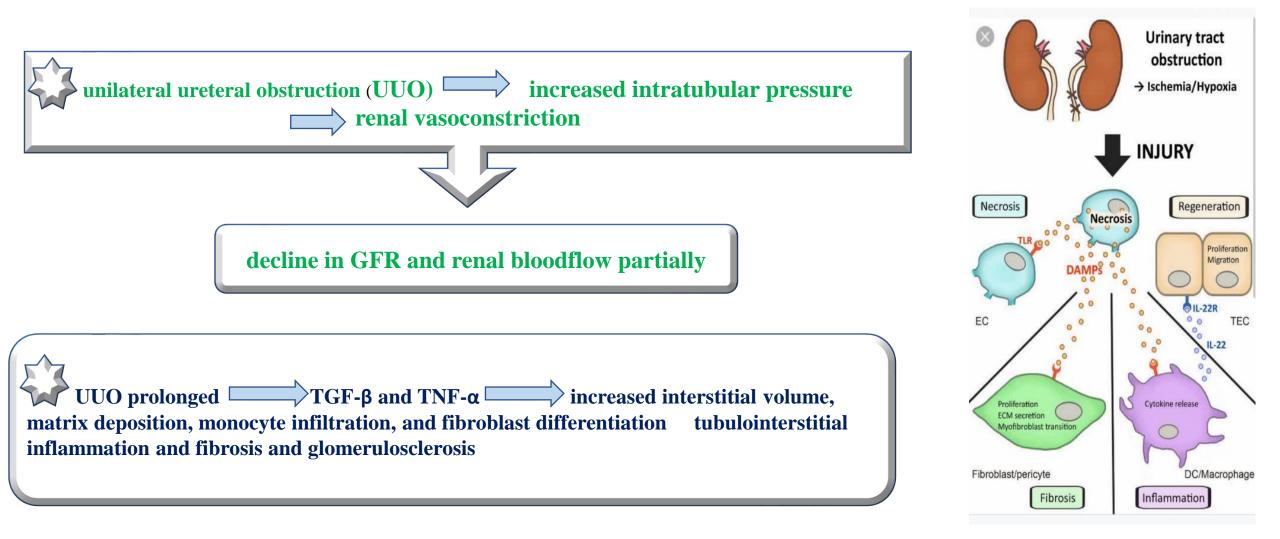
**pyelonephritis complicates** the stone episode, **acute kidney injury** may occur.are potential pathways for subsequent CKD.

**Chronic pyelonephritis** due to an infected stone predisposes to **tubulointerstitial inflammation and renal scarring**.



Curr Opin Nephrol Hypertens. 2013 July

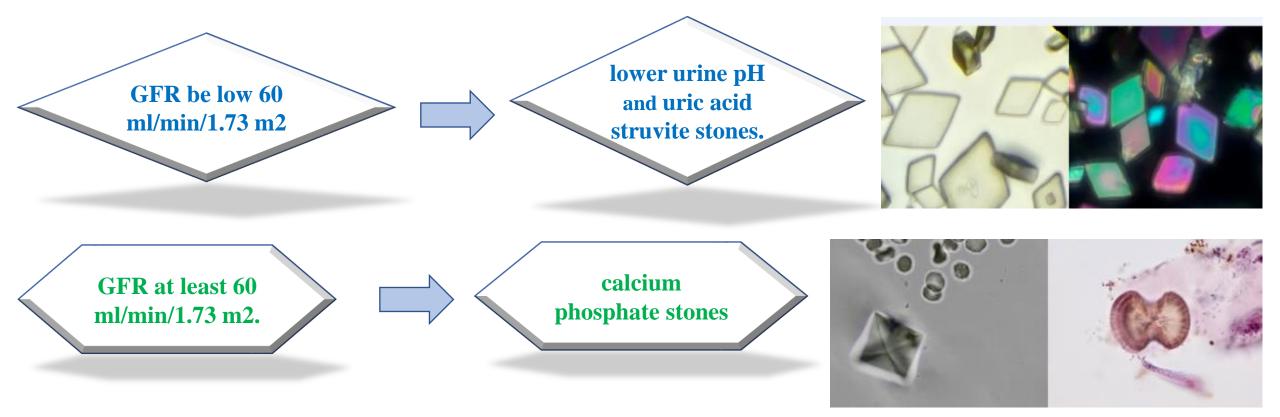
#### **MECHANISMS OF NEPHROLITHIASIS-ASSOCIATED KIDNEY DAMAGE**



Curr Opin Nephrol Hypertens. 2013 July

## Nephrolithiasis and loss of kidney function

**In a retrospective analysis of stone composition and urine chemistries:** 



Curr Opin Nephrol Hypertens. 2013 July

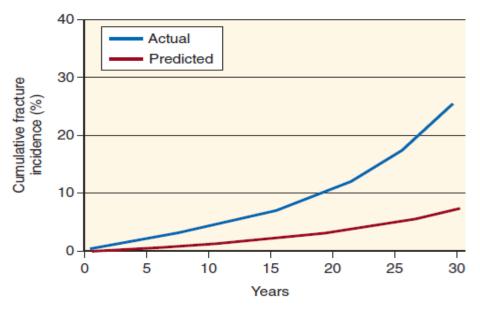
### Nephrolithiasis and loss of kidney function

-	Stone Formers	Outcomes After Mean Follow-up of 12 Years			
Olmatead County	F	ESRD	All-Cause Mortality	& Cancer Mortality	CV Mortality
Minnesota 1984-2012	Incident Symptomatic (4,081)	NS	NS	1.25 (1.04-1.51)	NS
6,984	Recurrent Symptomatic (1,378)	2.34 (1.08-5.07)	NS	NS	NS
Stone Formers by ICD-9 Code	Asymptomatic Kidney (664)	3.94 (1.65-9.43)	1.40 (1.15-1.67)	NS	NS
	Bladder Stone (200)	815	1.37 (1.12-1.69)	1.74 (1.11-2.73)	NS
28,044 Non-Stone Formers matched on age & sex	Miscoded (661)	6.18 (2.25-15.93)	NS	NS	NS
		Adjusted HR (95% Ci), Non-Stone Formers = Reference NS = Not Significant			

**\***struvite and calcium were the most common stone compositions of those that developed ESRD,

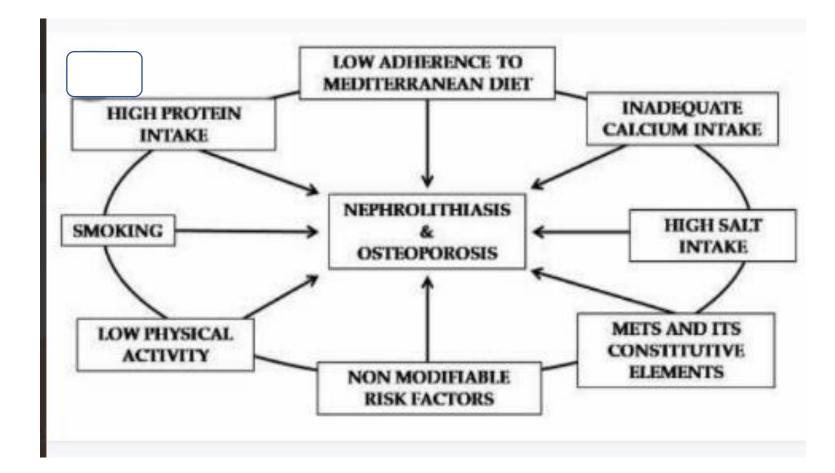
### **OSTEOPOROSIS AND KIDNEY STONES**

- recent systematic review and comparative meta-analysis in 24 case-control studies has shown that a lower BMD involves all skeletal sites and that the risk of osteoporosis in patients with nephrolithiasis is four times more than in healthy controls
- Several epidemiologic studies have established an association between a history of kidney stones and a higher prevalence of fractures



**Fig. 38.28** Cumulative incidence of vertebral fractures in stone formers; data from Rochester, Minnesota, residents following an initial episode of symptomatic nephrolithiasis. The elevated fracture risk was vertebral and was present in both genders. (Modified from Melton LJ 3rd, Crowson CS, Khosla S, et al. Fracture risk among patients with urolithiasis: a population-based cohort study. *Kidney Int.* 1998;53[2]:459–464.)

#### PATHOPHYSIOLOGIC MECHANISMS LINKING OSTEOPOROSIS AND KIDNEY STONES

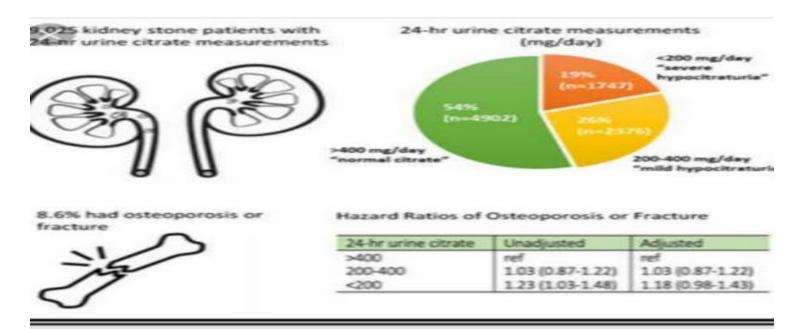


#### Hypocitraturia and Risk of Bone Disease in Patients With Kidney Stone Disease

Calyani Ganesan,<sup>1</sup> <sup>©</sup> I-Chun Thomas,<sup>2</sup> Maria E Montez-Rath,<sup>1</sup> Glenn M Chertow,<sup>1</sup> <sup>©</sup> John T Leppert,<sup>1,2,3</sup> and Alan C Pao<sup>1,2,3</sup>

<sup>1</sup>Department of Medicine, Division of Nephrology, Stanford University, Palo Alto, CA, USA

<sup>2</sup>Division of Nephrology and Department of Urology, Veterans Affairs Palo Alto Health Care System, Palo Alto, CA, USA <sup>3</sup>Department of Urology, Stanford University, Palo Alto, CA, USA



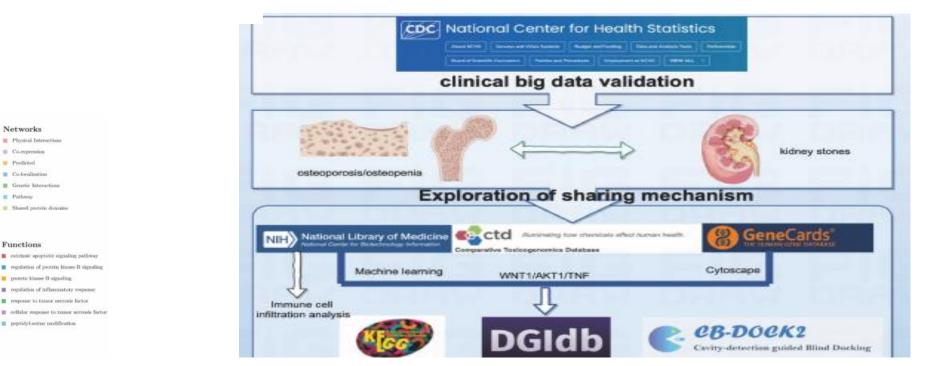
Hypocitraturia and the Risk of Bone Disease in Kidney Stone Patients

#### RESEARCH

Open Access

#### Exploring the association between osteoporosis and kidney stones: a clinical to mechanistic translational study based on big data and bioinformatics

Di Luo<sup>1</sup>, Linguo Xie<sup>1</sup>, Jingdong Zhang<sup>1</sup> and Chunyu Liu<sup>1\*</sup>



Bone loss is associated with an increased risk of kidneystones. Targeting the mTOR signaling pathway may offera potential therapeutic approach for treating both osteoporosis and kidney stones



# Effect of bisphosphonates on the crystallization of stone-forming salts in synthetic urine

Innovations in Urology Investig Clin Urol 2020;61:310-315. https://doi.org/10.4111/icu.2020.61.3.310 pISSN 2466-0493 • eISSN 2466-054X



### Effect of bisphosphonates on the crystallization of stone-forming salts in synthetic urine

Larisa Kovacevic<sup>1</sup>, Hong Lu<sup>1</sup>, Natalija Kovacevic<sup>1,2</sup>, Yegappan Lakshmanan<sup>1</sup>,

Table 1. Range of effective doses of various bisphosphonates that resulted in inhibition of crystallization of COM, CaP, and MAP in synthetic urine (expressed as IA)

Medication	Range of effective dose (mg/mL)	Type of crystal	Range of IA (%)
Etidronate	0.004-0.3	COM	36–65
	0.021-0.3	CaP	29–68
	0.004-0.3	MAP	42-71
Alendronate	0.001-0.625	COM	8-73
	0.001-0.039	CaP	10–63
	0.039-0.625	MAP	39–94
Risedronate	0.001-2.5	COM	18–67
	0.001-0.625	CaP	37–97
	0.002-2.5	MAP	30-98
Ibandronate	0.0012-1.25	COM	24–77
	0.0012-0.078	CaP	17–69
	0.005-1.25	MAP	11-91

COM, calcium oxalate monohydrate; CaP, calcium phosphate; MAP, magnesium ammonium phosphate; IA, inhibitory activity.

- At the lowest dose of 0.001 mg/mL, risedronate induced the highest IA of 37% on CaP, whereas ibandronate had the strongest IA on COM (24%).
- To initiate the inhibition of MAP crystallization, risedronate required a two-fold higher concentration (0.002 mg/mL) to reach 30% IA, whereas etidronate required a four-fold higher concentration (0.004 mg/mL) to reach 42% IA.

# Effect of bisphosphonates on the crystallization of stone-forming salts in synthetic urine

Bone Formation

Bone Resorption

Reabsorbed

Calcium

**Urine Calcium** 

Crystal Growth

BONE

Bisphosphonates

Absorbed

Calcium

GUT

**Calcium Oxalate Crystals** 

Calcium Phosphate Crystal

Filtered

Calcium

KIDNEY

Serum

Calcium

Innovations in Urology Investig Clin Urol 2020;61:310-315. https://doi.org/10.41111/icu.2020.61.3.310 pISSN 2466-0493 • eISSN 2466-054X



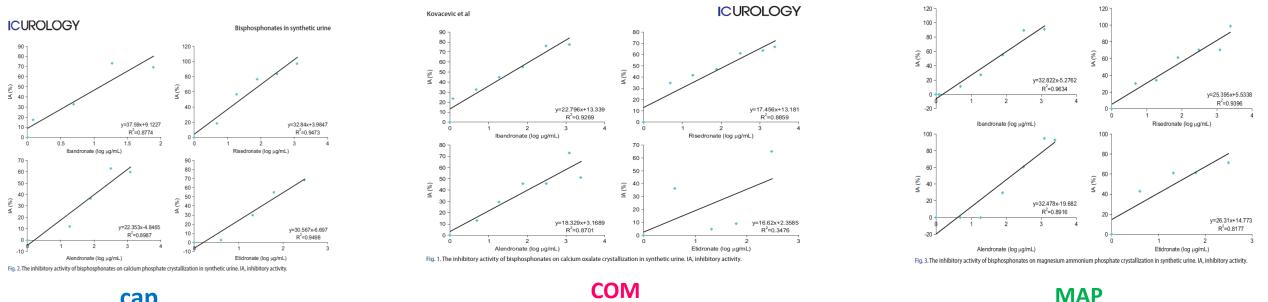
## Effect of bisphosphonates on the crystallization of stone-forming salts in synthetic urine

Larisa Kovacevic<sup>1</sup>, Hong Lu<sup>1</sup>, Natalija Kovacevic<sup>1,2</sup>, Yegappan Lakshmanan<sup>1</sup> <sup>1</sup>Department of Pediatric Urology, Children's Hospital of Michigan, Detroit, MI, <sup>1</sup>Vattikuti Urology Institute, Henry Ford Hospital, Detroit, MI, USA

BPs are good inhibitors of crystallization in synthetic urine, with risedronate and ibandronate being the most potent.

 At a low clinically acceptable dose, their highest inhibitory action was on CaP and COM crystals. Higher doses were needed to prevent MAP crystallization.

# Effect of bisphosphonates on the crystallization of stone-forming salts in synthetic urine



- cap
- BPs are good inhibitors of crystallization in synthetic urine . Overall, BPs showed the best inhibitory effect on <u>CaP</u> and COM crystallization at clinically acceptable low doses.
- Higher doses of BPs were needed to prevent MAP crystallization. The difference in the IA of BPs on these three types of crystals is likely due to their high affinity for calcium

© 2018 EDIZIONI MINERVA MEDICA Online version at http://www.minervamedica.it Minerva Urologica e Nefrologica 2018 August;70(4):393-400 DOI: 10.23736/S0393-2249.18.03113-2

**REVIEW** 

## **Obesity and kidney stone disease**

Obesity and kidney stone disease: a systematic review

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□ the percentage of stones raised with BMI in the male population, from 7.1% in normal BMI to 11.3% in overweight and 28.7% in obese patients.

Hypercalciuria, gouty diathesis, hypocitraturia and a low urinary volume were found in more than 50% of obese patients included in a nephrolithiasis database. Other reported metabolic defects included hyperoxaluria and high urinary excretion of sulfate



TABLE I.—Prevalence	of patients	presenting	metabolic
risk factors.4			

	% Obese group	% Non-obese group
Gouty diathesis	54	18
Hyperuricosuria	43	20
Hypercalciuria	59	48
Hypocitraturia	54	63
Hyperoxaluria	31	10
High urine sulfate	70	24
Low urine volume	58	70

## **Bariatric Surgery and Risk of Urolithiasis**



**DASH-style** diet has been shown to decrease kidney ston incidence due to the high vegetable and fruit, moderate low-fat dairy, and low animal protein intake.<sup>37</sup> These favourable effects seen with the DASH diet are a result of increases in urine volume, pH, and urinary excretion of citrate, potassium, magnesium

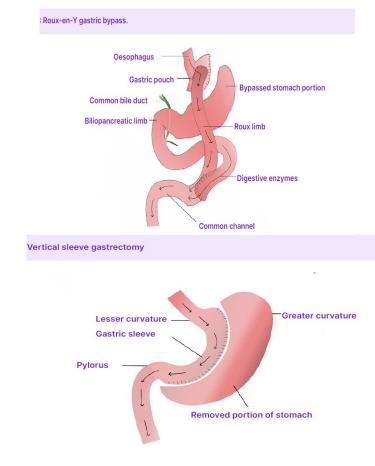
**bariatric surgery** may also adversely affect stone risk. Restrictive procedures appear to have the lowest risk, whereas malabsorptive procedures are associated with the highest risks of stone formation.

### **BARIATRIC PROCEDURES AND RISK OF NEPHROLITHIASIS**

Each type of surgery is accompanied by varying levels of stone risk.

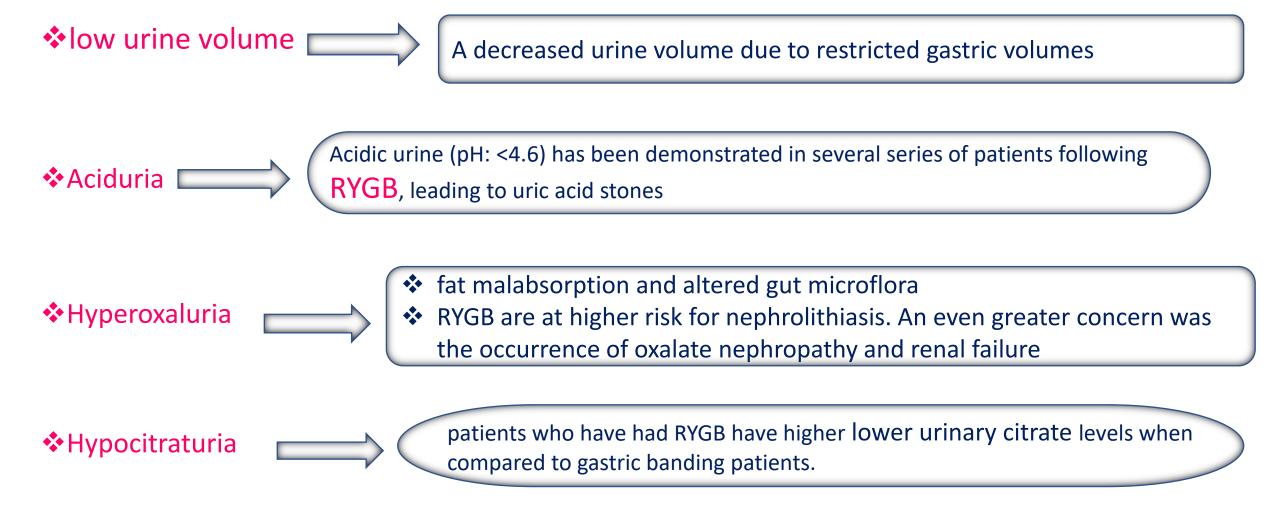
### Table 1: Risk of urolithiasis following bariatric surgery.<sup>30,39,43,44</sup>

Type of procedure	Associated risk of urolithiasis
Obese non-operative controls	5-7%
Restrictive (LAGB, LSG)	Low (1.3–1.5%)
RYGB	Intermediate (7.65–13.00%)
Malabsorptive procedures (JIB)	High (22.0–28.7%)



Bariatric Surgery and Riskof Urolithiasis: A Review .EMJ Urol. 2022;

• There are various complex underlying pathophysiologic mechanisms associated with nephrolithiasis following bariatric surgery, including:



### MANAGEMENT OF STONE RISK IN PATIENTS OF POST-BARIATRIC

INCREASE	<ul> <li>Citric/alkaline fruits and vegetables intake (2-3 daily servings of each)</li> <li>Fluid intake (around 2.5 L/day)</li> <li>Calcium intake (1200 – 1500 mg/day, consider supplementation)</li> </ul>	a purely restrictive procedure such as gastric banding is associated with a much lower stone forming rate than malabsorptive procedures.
ADEQUATE	<ul> <li>Protein intake (0.8-1.0 g/Kg of ideal body weight/day)</li> </ul>	
DECREASE	<ul> <li>Fat intake (25-30% of total caloric intake)</li> <li>Sodium intake (2 g/day; 5 g of NaCl)</li> <li>Oxalate-rich foods intake (avoid vitamin C supplementation)</li> </ul>	□The oral administration of O. formigenes or its oxalate degrading enzymes

Figure 2. Dietary recommendations for BS patients to prevent the risk of stone formation and to reduce recurrence for those who already had stones before the surgery.

Bariatric Surgery and Riskof Urolithiasis, EMJ Urol. 2022 42

### **Review Article**

Kidney360

### **Risk Factors for Kidney Stone Formation following Bariatric Surgery**

Megan Prochaska ( and Elaine Worcester

RYGB is also associated with higher risk of kidney stones and bone disease after surgery. Three years after surgery, new kidney stone incidence is 8%, and this continues to rise to 14% 10 years after surgery.

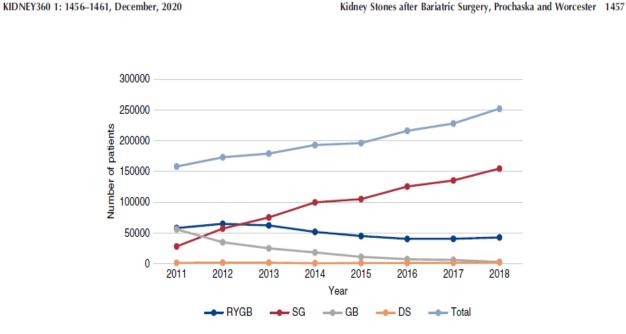


Figure 1. | Trend in more overall bariatric surgery procedures and more sleeve gastrectomies over time in the United States. DS, duodenal switch; GB gastric band; RYGB, Roux-en-Y gastric bypass; SG, sleeve gastrectomy. Data from https://asmbs.org/resources/estimate-of-bariatric-surgery-numbers.

# EXPLAINING THE DIFFERENCES Between Kidney Stones VS. Kidney Cancer



### Kidney stones and the risk of renal cell carcinoma and upper tract urothelial Carcinoma

BJC British Journal of Cancer	www.nature.com/bjc
ARTICLE Epidemiology	
Kidney stones and the risk of renal cell carcinoma tract urothelial carcinoma: the Netherlands Cohort Jeroen A. A. van de Pol <sup>1</sup> , Piet A. van den Brandt <sup>1,2</sup> and Leo J. Schouten <sup>1</sup>	

- L kidney stones were associated with an increased risk of **papillary RCC** but **not clear-cell RCC**.
- UTUC risk was increased for participants with kidney stones No heterogeneity of associations was found for UTUC in the ureter and renal pelvis.
- □ this is the first prospective study to examine the relationship between kidney stones and RCC and UTUC risk and the first study to **show heterogeneity of associations between pRCC and ccRCC**..



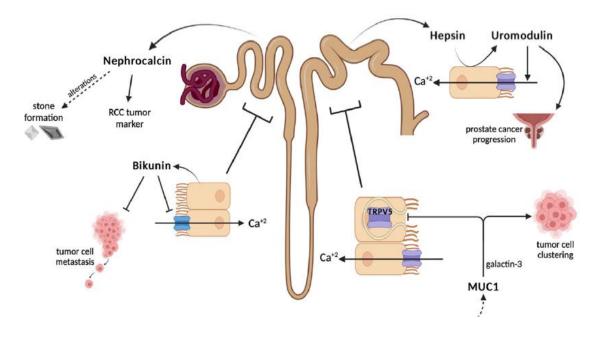
Am J Clin Exp Urol 2022;10(5):277-298 www.ajceu.us /ISSN:2330-1910/AJCEU0144941

## Shared mechanisms between kidney stones and urologic malignancies

- Contributors to stone formation and cancer development and progression: shared cellular pathways :
- The inflammatory reaction caused by irritation of calcul and any superimposed infection drives hyperplasia in tl renal epithelia. These cellular changes can progress in frank carcinoma or become dysplastic.

#### Review Article Understanding the link between kidney stones and cancers of the upper urinary tract and bladder

Meredith Mihalopoulos<sup>1</sup>, Alan Yaghoubian<sup>1\*</sup>, Shirin Razdan<sup>1\*</sup>, Johnathan A Khusid<sup>1\*</sup>, Reza Mehrazin<sup>1,2</sup>, Ketan K Badani<sup>1,2</sup>, John P Sfakianos<sup>1,2</sup>, William M Atallah<sup>1</sup>, Ashutosh K Tewari<sup>1,2</sup>, Peter Wiklund<sup>1,2</sup>, Mantu Gupta<sup>1</sup>, Natasha Kyprianou<sup>1,2,3,4</sup>



## Shared contributors to renal stone formation and risk of urinary tract cancer

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### Review Article Understanding the link between kidney stones and cancers of the upper urinary tract and bladder

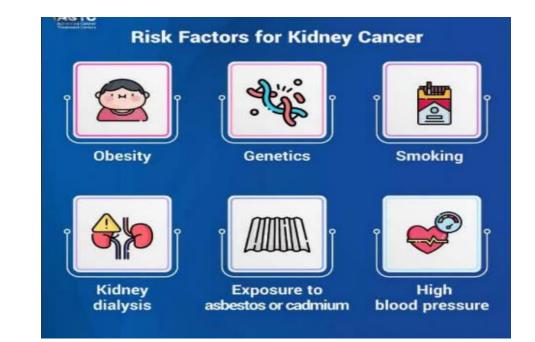
Meredith Mihalopoulos<sup>1</sup>, Alan Yaghoubian<sup>1\*</sup>, Shirin Razdan<sup>1\*</sup>, Johnathan A Khusid<sup>1\*</sup>, Reza Mehrazin<sup>1,2</sup>, Ketan K Badani<sup>1,2</sup>, John P Sfakianos<sup>1,2</sup>, William M Atallah<sup>1</sup>, Ashutosh K Tewari<sup>1,2</sup>, Peter Wiklund<sup>1,2</sup>, Mantu Gupta<sup>1</sup>, Natasha Kyprianou<sup>1,2,3,4</sup>

Shared mechanisms between kidney stones and urologic malignancies

#### Table 1. Shared contributors to renal stone formation and risk of urinary tract cancer

Туре	Contributor	Stone Risk	Cancer Risk
Genetic	Combined Heritability	Heritability of stone formation 46% for women, 57% for men [112]	Kidney Cancer SIR 1.04 (95% Cl 0.89-1.20) for those with family history of urolithiasis [119]
Genetic	Gender	Prevalence of stones in males 10.6% vs. 7.1% in females [2]	In males, RCC twice as common [4], TCC three times as common [179]
Comorbidity	Obesity	Incidence increase 20% to 42% with increasing BMI [185]	RR 1.77 for developing RCC in obese patients compared to non-obese patients [144]
Comorbidity	Diabetes	OR 6.9 (95% Cl 5.5-8.8) for uric acid stone formation in patients with type 2 diabetes [186]	1.5 increase in incidence of diabetes in patients with RCC versus non-RCC patients [145]
Comorbidity	Hypertension	Incidence of stone formation 14% in patients with HTN vs. 3% in those with normal blood pressures [149]	10-22% increase risk in kidney cancer with each 10-mmHg increase in systolic or dia- stolic blood pressure [155]
Environmental	Smoking	OR 1.66 (95% Cl 1.11-2.50) for calcium uroli- thiasis in patients who smoke [168]	52% increased risk developing RCC in current smokers and 25% in former smokers [162]
Environmental	Alcohol*	HR 0.79 (95% CI 0.72-0.87) for risk of nephro- lithiasis in those who drank > 1 drink per day compared to non-alcohol consumers [175]	28% reduction in risk of RCC in those who drink > 1 drink per day [172]

SIR: Standard Interval Ratio; CI: Confidence Interval; RR: Relative Risk; OR: Odds Ratio; HR: Hazard Ratio; RCC: Renal Cell Carcinoma; TCC: Transitional Cell Carcinoma; HTN: Hypertension. \*These studies demonstrate that higher alcohol consumption lowers the risk of both stone formation and renal cancer risk; however, the evidence has been contradicted in other studies, and this relationship must be further explored.



International Journal of Surgery Case Reports 110 (2023) 108678



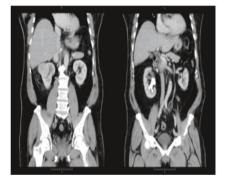




Handaru Satwikananda<sup>a</sup>, Made Adi Wiratama<sup>a</sup>, Karinda Triharyu Caesari Putri<sup>b</sup>, Doddy Moesbadianto Soebadi<sup>a,\*</sup>

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□ The presence of kidney stones in renal malignancy is rare. Kidney stones can be a risk factor for renal cell malignancy, and renal cell malignancies can cause urinary stasis, making it a risk factor for kidney stones.



1. Abdominal CT scan with contrast showing staghorn stones and an inhomogeneous solid mass with contrast enhancement at the upper pole of the right kidney.



2. Gross examination of radical nephrectomy showing enlarged kidney sized 18 × 12 × 9 cm and staghorn stone (white arrow) inside the renal pelvic.

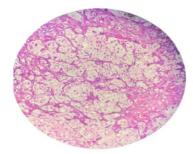


Fig. 3. Histologic examination specimen showing the histology of clear call PCC

Renal pelvis, and caliceal wall biopsy should be considered in chronic and large renal stone, especially staghorn stone in patient that did not have any signs of malignancy on CT scan.

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### de novo nephrolithiasis after kidney transplantation

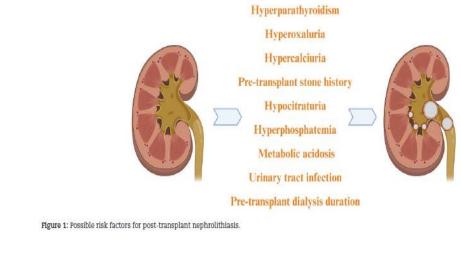
CKJ REVIEW

Management of *de novo* nephrolithiasis after kidney transplantation: a comprehensive review from the European Renal Association CKD-MBD working group Mehmet Kanbay <sup>©1</sup>, Sidar Copur<sup>2</sup>, Cicek N. Bakir<sup>2</sup>, Alper Hatipoglu<sup>2</sup>, Smeeta Sinha<sup>3</sup> and Mathias Haarhaus <sup>©4</sup>; on behalf of the European Renal Association CKD-MBD Working Group

De novo nephrolithiasis after kidney transplantation can potentially threaten kidney graft function and survival..

### **□**risk factors for nephrolithiasis in the transplanted:

- Female gender
- history of kidney stone disease before transplantation
- > gout
- hypertension
- > a longer pretransplant dialysis
- urinary tract infections



Clinical Kidney Journal, 2024

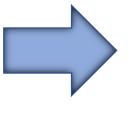


### de novo nephrolithiasis after kidney transplantation

- ✓ prevalence of kidney stone disease of 1.7% within 3 years after transplantation
- ✓ prevalence of nephrolithiasis among kidney transplant recipients is approximately 1%–2%
- $\checkmark$  The mean age at diagnosis was 44years.
- $\checkmark$  the mean time interval from trans- plant to nephrolithiasis was 28 months.

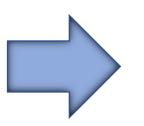
### de novo nephrolithiasis after kidney transplantation Clinical presentation

 renal transplant recipients require frequent monitoring, including imaging of the renal graft



asymptomatic kidney stones may be more frequently detected than in the general population.

 pain may be less prevalent because of denervation of the transplanted kidney

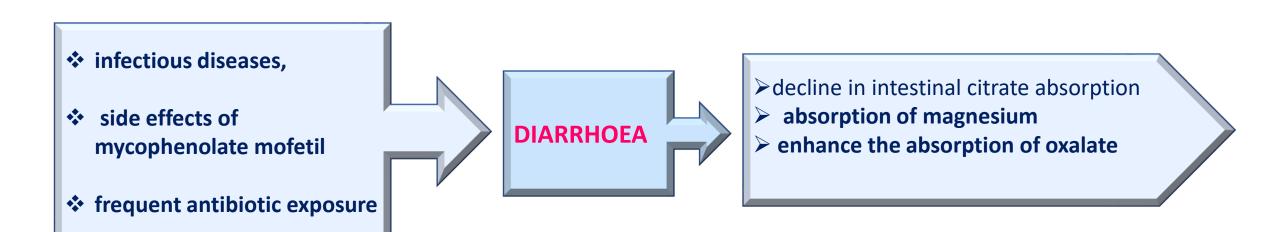


later diagnosis and more frequent complications, such as hydronephrosis and AKI

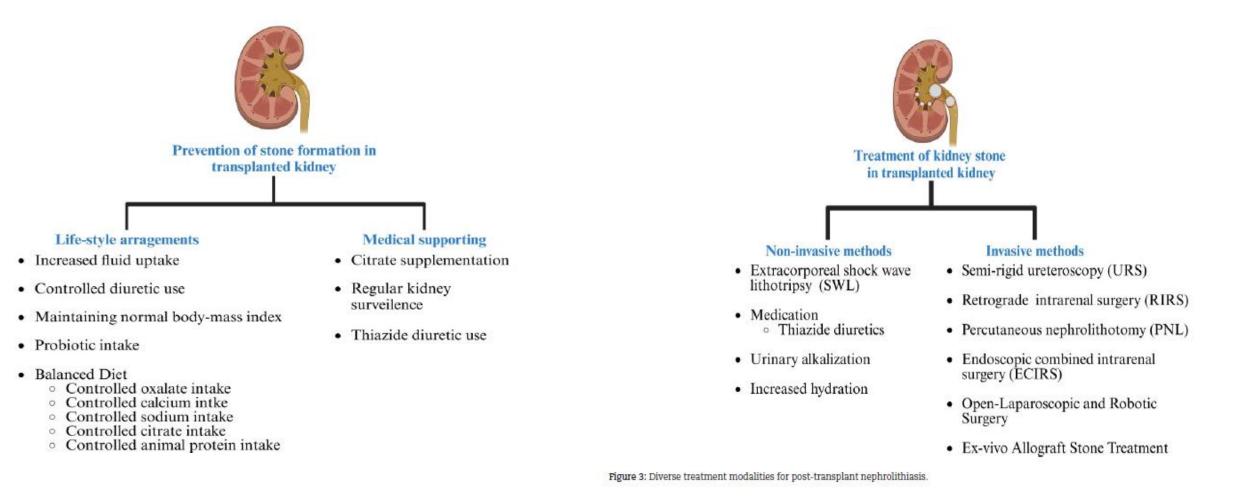
### hypocitraturia and hyperoxaluria are even more prominent in renal transplant recipients.

metabolic acidosis due to allograft function and medications along with renal tubular acidification defects related to calcineurin inhibitor therapy..





### Management de novo nephrolithiasis after kidney transplantation



Clinical Kidney Journal, 2024, vol. 17, no. 2, sfae023



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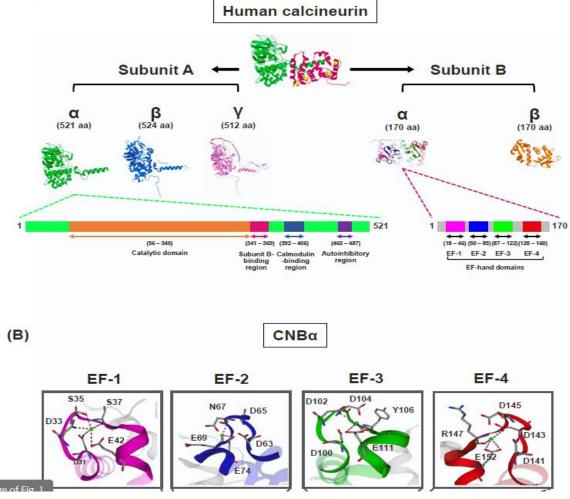
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ANDSTRUE BIOTECH JOUR

Calcineurin B inhibits calcium oxalate crystallization, growth and aggregation via its high calcium-affinity property

Sudarat Hadpech, Sakdithep Chaiyarit, Visith Thongboonkerd \* Medical Proteomics Unit, Research Department, Faculty of Medicine Siriraj Hospital, Mahidol University, Bangkok, Thailand

CNB dramatically inhibited COM crystal formation, growth and aggregation. At an equal amount, degrees of its inhibition against crystallization and crystal growth were slightly inferior to that of TUPs from healthy subjects that are known to strongly inhibit COM stone formation.



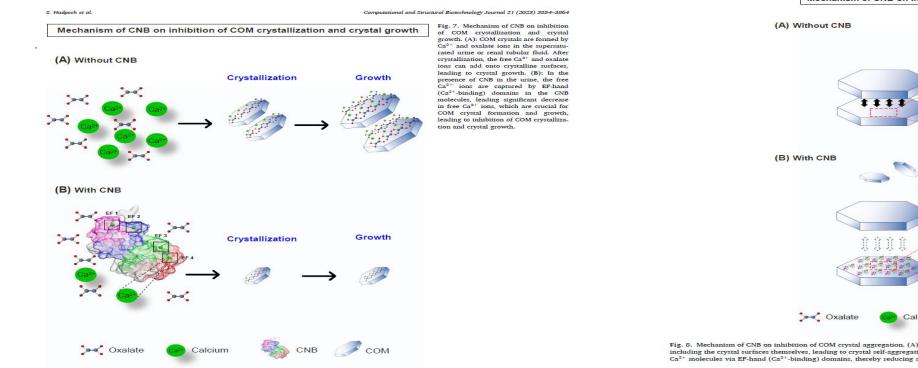
Computational and Structural Biotechnology Journal 21 (2023)





Calcineurin B inhibits calcium oxalate crystallization, growth and aggregation via its high calcium-affinity property

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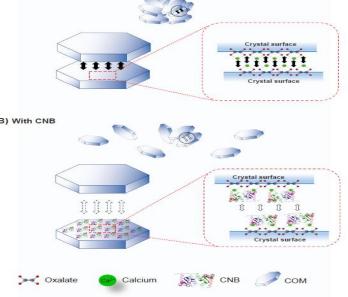


Fig. 8. Mechanism of CNB on inhibition of COM crystal aggregation. (A): COM crystals generally have a high adhesive capability that can bind to various surfaces, including the crystal surfaces themselves, leading to crystal self-aggregation. (B): In the presence of CNB in the urine, CNB can bind to the crystal surfaces rich with Ca<sup>2+</sup> nolecules via EP-hand (Ca<sup>2+</sup> binding) domains, thereby reducing adhesive force on the crystal surfaces, leading to inhibition of crystal aggregation.

### Systemic conditions associated with nephrolithiasis

- Coronary artery disease
- Chronic kidney disease and end-stage kidney disease
- Bone disorders and fractures
- Aortic calcification
- Hypertension
- Type 2 diabetes mellitus
- Gout
- Metabolic syndrome
- Sarcoidosis
- Renal tubular acidosis
- Bowel disease and intestinal surgery
- Renal and bladder anatomic anomalies
- Medications
- Genetic abnormalities





 Nephrolithiasis is now recognized as a marker for systemic disease and a predictor of metabolic and cardiovascular complications

kidney stone disease is best addressed by a team led by nephrologists and urologists with input from multiple other health professionals including dietitians, endocrinologists, interventional radiologists, and endocrine surgeons.

